

# Sarah: God Is Bigger than Our Fears

"In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express...And we know that in all things God works for the good of those who love him, who have been called according to his purpose." (Romans 8:26-28 NIV)

Sarah's example: God is bigger than your circumstances

GENESIS 11:27-12:6

Sarah's example: God is bigger than your mistakes

GENESIS 16:1-7, 15

Sarah's example: God is bigger than your inadequacies

GENESIS 10:1-13; 18:1-15; 21:1-7

# **Applying Faith to Fear**

- 1. Confront it. What fears do you have right now?
- 2. Ask about each one: What is my worst-case scenario?
- 3. <u>Consider</u>: If the worst I can imagine happens, could I handle it through the presence and power of Jesus Christ?
- 4. Remember our four truths:
  - God loves me.
  - · God knows what is going on in my life.
  - God can do something about it.
  - I can trust His goodness in whatever He chooses to do.
- 5. Pray: Prayer is simply talking to God about anything and everything.
  - Thank the Lord for His presence and His goodness.
  - Ask Him for the courage and peace to ride out the storm.
- 6. Live life securely in Him:
  - Take common sense precautions. Be wise in the world.
  - Trust God to show you what to do and give you strength when you are weak.



# Applying Faith to Fear

- Confront it: What fears do I have right now?
- 2. **Ask about each one:** What is my worst-case scenario?
- 3. **Consider:** If the worst I can imagine happens, could I handle it through the presence and power of Jesus Christ?

#### 4. Remember:

- God loves me. John 3:16; Rom 5:5; Rom 8:38-39
- God knows what is going on in my life. Mt 6:31-32
- God can do something about it. Lk 1:37; Mk 10:27
- I can trust His goodness in whatever He chooses to do. Ps 119:68; Pr 3:5

## 5. **Pray:**

- Thank the Lord for His presence and His goodness.
- Ask Him for courage and peace to ride out the storm.
  Where the Bible is clear, you can claim God's promises by faith. John 14:27

### 6. Live life securely in Him:

- Take common sense precautions.
- Trust God to show you what to do and give you strength when you are weak. Psalm 56:3-4