Out With The Old -- In With The New Ephesians 4:17-24

## Introduction

## I Out With The Old

- A. Lost in futile thinking Rom 1:21-23; 1 Pet 1:18; Eph 2:23
  - 1. Darkened in their understanding
    - a. Spiritually blind 2 Cor 4:4; Rom 8:6-7
  - 2. Separated from the life of God Eph 2:12
    - a. The result of ignorance
    - b. The result of hardened hearts Heb 3:13
- B. Devoid of moral sensitivity
  - 1. Immersed in sensuality
    - a. Indulging in every kind of impurity Col 3:5
    - b. Continually lusting for more 1 Pet 4:3-4
  - 2. A dual confirmation of their callous hearts
    - a. They gave themselves over Eph 4:19
    - b. God gave them over Rom 1:24,26,28; Ps 81:11-12

## II In With The New

- A. Transition into new life in Christ
  - 1. We came to know Christ
    - a. Through hearing His teaching and Word
    - b. Through receiving His teaching and Word
- B. Put off the old self
  - 1. Get rid of it James 1:21
  - 2. Put it aside Rom 13:12
  - 3. Throw it off Heb 12:1
  - 4. Put it to death Col 3:5-7
- C. Be made new in our minds Col 3:10; Rom 12:2; Col 3:1-2
- D. Put on the new self Rom 13:14; Col 3:10
  - 1. Created to be like God Gen 1:27; Rom 8:29
    - a. In true righteousness Rom 6:19
    - b. In true holiness 1 Cor 1:30

## PERSONAL APPLICATION

Take some time this week to consider the following:

- 1. Take a moment to discuss areas where you see how the world's thinking has become futile and its understanding darkened? How were you like the world prior to coming to Christ?
- 2. Since coming to Christ where have you seen the clearest contrast between the "old" and the "new" in your life?
- 3. As Christians, how are we supposed to "put on" the new self? What do you think this means in practical terms?
- 4. What piece of "old life" clothing seems to be "skin-tight" and hard to remove? What steps have you taken to overcome it? And how could we as a fellowship encourage you?
- 5. What practical things have you found helpful in being made new in the attitudes of your mind? Is there anything that you're not doing that would help in your spiritual growth?
- 6. Take a moment to talk with God about what you've learned. If necessary repent of any manner of sin that is a part of your former way of life and ask Him for opportunities this week to fulfill His calling on your life both toward others and Him.

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